



Wild & Free in LBBD

It's competition time!

Show us your wild side and **connect with nature** in Barking & Dagenham's parks throughout 2026.

We want to see how you connect with **wildlife and nature** and **enjoy the wild spaces** of Barking & Dagenham's parks. The theme for this year's #WildFreeLBBD competition is:

'Nature's Living Canvas'

Think about:

All the many ways that nature shows us how beautiful (and sometimes strange!) the natural world can be:

- vibrant colours
- wild patterns
- the full rainbow spectrum
- or simple monochrome
- bold, showy designs
- or elegant, understated beauty
- dramatic landscapes
- dazzling symmetry

Share your photos with us using #WildFreeLBBD

Winners will be announced in December and shortlisted photos will feature in the 2027 Calendar.

So, what are you waiting for? **Go Wild!**



- Share using #WildFreeLBBD
- Email to: Rangers@lbbd.gov.uk
- Follow us: [@BDParkRangers](https://twitter.com/BDParkRangers)

See website for full competition terms & conditions:

<https://barkinganddagenhamparkcountry.com/wild-and-free-in-lbbd/>