

# OUR MISSION

There is nothing more important today than for children to feel in contact with nature. The Rangers at Eastbrookend are trained forest school practitioners and are dedicated to giving students the opportunity to develop key emotional and social skills through outdoor play and learning.



# GET IN TOUCH!



020 8227 2332



rangers@lbbd.gov.uk

## FIND US



**Eastbrookend Discovery Centre**  
Eastbrookend Country Park  
The Chase, Dagenham, RM7 0SS



**Bus:** 174 'The Chase' stop (2 min walk)

**Rail:** District line to 'Dagenham East'  
(15 min walk)  
OR  
Elizabeth line to 'Romford' then  
take 174 bus to 'The Chase'  
(2 min walk)

**NEW**



# EASTBROOKEND FOREST SCHOOL



**Barking &  
Dagenham**  
COUNTRY  
PARKS

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Once you have completed a course with us, students will feel at home in nature.



# OUR FOREST SCHOOL

Our courses are aimed at **primary school classes** that are looking to expand their knowledge of the forest, bond as a team or simply **have lots of fun** as a class after SATs.

Eastbrookend Forest School sessions are designed to develop skills progressively through child-led learning.

The courses are **accessible to children of all abilities and needs**. All our sessions focus on sensory exploration, promoting creativity and teamwork.

## BENEFITS OF FOREST SCHOOL

- Emotional and physical wellbeing
- Social, communication, team skills
- Confidence and self-awareness
- Runs all year round



# OUR COURSES

We deliver **tailored outdoor sessions** at Eastbrookend Country Park in Dagenham. **KS1 and KS2, max 30 students/session**. Book half-day sessions (2h) or full-day sessions (4h).

## LOGGING OUT - 1 SESSION

Give forest school a try with a one-off! Our Rangers will work with you to plan a day of outdoor fun tailored to your class.

## FORESTED AWAY - 3 SESSIONS

A chance to (literally) get knee-deep in some forest fun! Learn about fire, trees and earth to create beautiful things and enjoy nature as a team.

## LEAF ME TO IT - 6 SESSIONS

Become experienced in the outdoors! Pupils will cook outside, use bushcraft tools safely and explore the world with new-found senses.