



# Wild & Free in LBBD

## It's competition time!

Show us your wild side and **connect with nature** in Barking & Dagenham's parks throughout 2024.

This year we want to see how you connect with **wildlife and nature** and **enjoy the wild spaces** of Barking & Dagenham's parks. The theme for this year's #WildFreeLBBD competition is:

### 'Magic Moments'

#### Think about:

- Wildlife in action, e.g:
  - predators catching prey
  - butterfly emerging from cocoon
  - animals/birds with their offspring
- A stunning rainbow
- Beautiful landscapes
- Creating fun family memories in the parks

### Share your photos with us using #WildFreeLBBD

Winners will be announced in December and shortlisted photos will feature in the 2025 Calendar.

So, what are you waiting for? **Go Wild!**

- Share using **#WildFreeLBBD**
- Follow us on Twitter:  
**@BDParkRangers**
- Email to: **Rangers@lbbd.gov.uk**

See website for full competition terms & conditions:

<https://barkinganddagenhamparkcountry.com/wild-and-free-in-lbbd/>

